

Easing the Pressure

Course Description

With so many different pressure-relieving products on the market, how do you know which one to choose and when to apply it? Discover the features and properties of the various products and find out how to apply them to clients at risk of developing pressure sores.

This full day includes an overview of pressure and:

- identifying pressure sore risks
- pressure sore management methods
- Critical assessment of cushion features and properties
- clinical reasoning for cushion selection
- introduction to pressure mapping as a tool

Learning Outcomes

At the end of the course participants will be able to

- accurately identify pressure sore stages
- determine clients at risk for developing pressure sore areas
- gain an understanding of different pressure risk assessment scales
- · describe the basic characteristics of pressure relieving mediums
- identify pressure cushion and mattress features and properties that need to be considered in the selection process
- apply cushion and mattress knowledge to match client needs through case study

How to Register

Course materials and refreshments are included in your registration.

To register, please complete the Training Registration form including payment details and send to: Mail: Independent Living Centre NSW, PO Box 8034, Blacktown Westpoint NSW 2148 Email: welcome@ilcnsw.asn.au

Fax: (02) 8814 9656

Registration forms available from our website - <u>https://www.ilcnsw.asn.au/assets/TrainingRego.pdf</u> or phone Reception on (02) 9912 5800

Registration closes 2 weeks before the course commencement date

Dates:

- 11th March 2016
- 16th June 2016
- 26th September 2016

Course Fee: \$275

Location: ILC NSW Blacktown

Duration: 9:00am – 4:30pm

