



Independent Living Centre NSW

## Gadgets and Gizmos for seniors



**Do you have trouble opening jars or containers?**

**Do you find it difficult to reach down and put your socks on?**

**Do you forget to take your medications sometimes?**

**Assistive Technology can assist making these tasks easier**

**Come and visit the Independent Living Centre for seniors week**

**We have a free display of equipment and aids to assist seniors with daily living and independence**

**Guide Dogs NSW/ACT will also be at the centre for this free event**

**Date:** Monday, 16th March 2015  
**Time:** 10am - 1pm  
**Location:** Independent Living Centre NSW  
Shop 4019, Level 4  
Westpoint Shopping Centre  
(Accessible parking available)

**Enjoy cup of coffee or tea while you are visiting**

**For further details**

☐ Contact Rebecca Howard or James Zhuang at the ILCNSW on 9912 5800 or [info3@ilcnsw.asn.au](mailto:info3@ilcnsw.asn.au)



**Endless possibilities for all**